OCTOBER 2024

Youville House was letter

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Editors

Katie Blanchard Yanira Burgos Adam Johnson

Design

Yanira Burgos Adam Johnson













Pianist Solon Gordon

Tuesday, October 1, 8 & 22 at 2:00 PM

Solon Gordon specializes in music for strings and piano and finds joy in collaborating with young students, touring professionals, and everything in between. In recent years he has joined cellist Yo-Yo Ma for projects including his "Beginnings" recital and residency in Acadia National Park. Solon also maintains a comprehensive live music calendar for the Boston area at bostonshows.org. We look forward to welcoming him back to the Steinway this month!



Richard Travers Music Lecture Series

Australia

Wednesday, October 2 at 1:30 PM

This multi-media lecture explores the music and personalities from the Land Down Under. Instructor Richard Travers will share celebrated recordings that span Australia's many musical genres, along with fun facts and historical background. Highlighted figures will include opera stars Dame Joan Sutherland and Dame Nellie Melba, as well as country stars Slim Dusty and Smoky Dawson. No survey of Australian music would be complete without a rollicking singalong of "Waltzing Matilda," so bring your singing voices. Be sure to join us in the land of Oz - you'll have a 'Bonza' time!



Short Story Group Reading with Lenny Gruenberg

Friday, October 4 at 1:45 PM

Join Youville resident Lenny Gruenberg for a group reading of "The Pagan Rabbi," by Cynthia Ozick. Participants will take turns reading aloud. Space is limited: if you are interested in joining the group, please sign up withe Katie Blanchard in advance!

Memoir Writing with Tom Daley

Tuesday, October 8 & 22 at 2:30 PM

Join award-winning poet Tom Daley for a memoir writing workshop. During a typical workshop, participants share and discuss one another's writing, receive feedback from the instructor and go through a series of in-class prompts to help set a scene and stimulate memory and imagination.

An Afternoon of Music with Nancy Day

Friday, October 11 at 2:00 PM

An accomplished pianist, singer, and composer, Nancy Day consistently impresses audiences with her dynamic performances. She draws from a wide-ranging repertoire that includes jazz, country, ragtime, musical theatre, and enchanting love songs.

Exercise Classes

Forever Fit Exercise Class
Mondays at 9:30 AM

Balance Challenge Tuesdays & Thursdays at 9:30 AM

Tai Chi Tuesdays at 10:30 AM

Stretch & Flex Wednesday & Friday at 9:30 AM

Forever Fit Yoga Class with Sara Olenich Saturdays at 9:30 AM

Ballroom Dancing with Michael Winward

Tuesday, October 15 at 1:30 PM

Inspired by the idea that people of all ages and abilities should have opportunities to dance, Michael Winward has led social Ballroom and Latin dance workshops throughout Greater Boston, witnessing firsthand the many benefits that dancing provides for the "Over-55" community. Dance encourages good posture, offers low-impact, cardiovascular exercise and connects people through the skills of leading and following.

Lunch Trip: Stillwater

Thursday, October 24 at 11:45 AM

Tucked in Downtown Boston, Stillwater is a restaurant that serves comfort food with a twist - a lively filled with fancified classics and fresh cocktails. The lunch menu includes fancy appetizers and elevated comfort food like "Ritz Chicken," Smoked Pork Mac & Cheese, and Steak & Bleu Pita. Vegetarian options include Granola Crunch Salad (really!), the Creole Veggie Burger and a very fancy Red Beans & Rice entree. The restaurant gets its name from Chef Sarah Wade's hometown, Stillwater, Oklahoma, the birthplace of chicken fried steak.

Trip: MIT Museum

Tuesday, October 29 at 1:30 PM

The MIT Museum offers a glimpse of MIT from the "inside out," with an extensive collection of technology-inspired art, architecture, nautical design, artificial intelligence, and the world's largest collection of holography. In 2022, the museum reopened in a modernized space near the Kendall Square innovation district.

Tech Corner

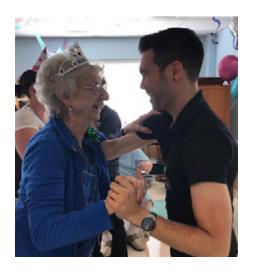
Wednesdays at 10:30 AM

Have you ever wondered how to access a podcast or Youtube video? Does your smartphone seem intent on playing tricks on you? We can help! Residents are encouraged to bring their tech grievances - along with the offending handheld devices - to Tech Corner every Wednesday. Our savvy Programs team will diagnose problems, answer questions, and provide accessible demonstrations on how to make your smart phone do your bidding.

Bridge Club

Sundays & Wednesdays at 3:00 PM

If it has been a while since you last took a seat at the Bridge table, don't be shy! The Bridge Club welcomes new members and will happily walk you through the rules. Even if you barely remember how to play, your presence is valued. If you have any questions about Bridge Club, please contact Linda Tosi at 617-216-3468.



Shopping Trips

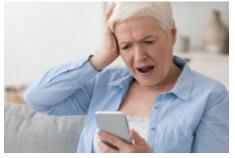
Star Market Monday, October 7, 14 & 28 Time: 12:45 PM Return: 2:00 PM

Trader Joe's

Monday, October 21

Time: 12:45 PM

Return: 2:00 PM



Frustrated? Tech Corner can help!



Bridge Club Ambassador: Linda Tosi

Support Team Youville on Moving Day Saturday, October 12 at 9:00 AM

Team Youville is gearing up for Moving Day, an annual fundraising event that unites communities in the fight against this Parkinson's disease.

Moving Day highlights the important role that physical movement, exercise, and a supportive community all play in treating Parkinson's disease. The event is held at DCR Artesani Park in Boston from 9:00 AM to noon. It features a walking course, music, and other movement activities designed for all mobility levels. All funds raised by our team members will benefit the Parkinson's Foundation. If you would like to join us for the walk or make a donation, contact Yanira Burgos or a member of the Programs Department.



Crescendo Chorus Mondays at 10:30 AM*

Do you feel like you are losing your voice or having difficulty speaking loudly enough?
Join the Youville Crescendo Chorus for a therapeutic singing experience. Led by a Neurologic Music Therapist from MedRhythms, Crescendo Chorus helps people improve breath support, volume, and articulation through enjoyable group singing exercises. No previous musical experience is required.

*No class on Monday, Oct. 14

An Interview with Destiny Taylor, Harvard Divinity School Intern



Every year, Youville House offers field education internships for students pursing an advanced degree at the Harvard Divinity School. Each Divinity intern works closely with Kathleen Kelleher, Director of Mission and Spiritual Care, to establish programs throughout the semester that engage with the diverse spiritual needs of Youville residents. Our intern this semester is Destiny Taylor, a Texas native whose broad range of life experiences has shaped her unique spiritual and academic path. Destiny recently sat down with the Youville Newsletter for an interview and looks forward to meeting residents over the course of her internship.

Youville Newsletter (YN): Can you tell us a little about your educational background and academic interests?

Destiny Taylor (DT): As an undergrad, I went to Texas Tech University, in Lubbock, TX. My degree is in Human Sciences, which is an interdisciplinary field. My course of study combined human development with addiction disorder recovery and nutrition, and I also minored in psychology. One unusual thing about me is I went back to school late in life, after having lived abroad and done many different things. I was 35 when I enrolled at Texas Tech!

YN: Was it strange to be entering college as a 35-year old?

DT: To be honest, I felt like I had an advantage. By then, I'd had so many life experiences and I knew exactly what I wanted to do. I was very focused on wanting to study human development and psychology in a way that I simply could not have been at the age of 18. Also, going back into my hometown and applying to Texas Tech, I was able to reconnect with family. Being able to study human development, especially how a child's brain develops into adulthood meant a lot to me, especially looking back at myself piecing together how I got here, and how can I transform.

I'm especially interested in studying addiction: I think once you understand how various addictions affect people, you have the tools you need to approach anyone in a nonjudgmental way, which is what I really wanted to own. Everybody has a story you can learn from, but

you won't learn anything unless you know how to be nonjudgmental and to keep people talking to you.

YN: What faith traditions did you grow up with?

DT: I grew up going to a Pentecostal church, which was a very strict tradition. I remember one of the pastors told me that getting a tattoo was an unforgivable sin. My grandmother was Pentecostal but she was much more accepting and openminded. She was very connected to her faith but she was also committed to her grandchildren and wanted to be accepting of them, which I found inspiring.

As I got older I broke away a bit from organized religion and thought more openly about what the divine means to me, and how people as individuals relate to the divine. I still consider myself to be a non-denominational Christian. At Texas Tech they did not offer a religious studies program which is why I applied for the Master's in Divinity program. I loved that Harvard was non-sectarian.

I could be in a classroom with interfaith, agnostic, atheist students and get broad perspective on how people relate to the divine and what they call the divine. A lot of my research in spirituality in religion is integrated with mental health.

YN: I understand that you are also interested in nutrition. How does this dovetail with your interest in the divine?

DT: My interest in nutrition is very closely connected to spirituality. In my church growing up, fasting was something a lot of people did as a spiritual practice, but my grandmother told me growing up that I wasn't ready for it. When I got older, I started to read about the Daniel Fast, which basically a strict vegan diet for 21 days. Fruits, vegetables, no seasoning like salt and pepper – maybe lemon in lime juice if you want acidity. I spent time researching recipes and breathing practices and stayed committed to it for 21 days. I saw my willpower and discipline. There was a lifting of brain fog and I was able to think more

clearly. Not only is it healthy, but it's a great way to discover discipline and will power.

YN: What do you like to do when you're not at Youville or studying?

DT: I like meeting people and getting to know Boston, which is why I have a part-time job in retail at Longchamp, in Back Bay. I noticed a lot of students at Harvard don't venture much into Boston, they stay confined to Cambridge. I wanted to get to know Boston and take advantage of being here. I've met some great friends this way.

YN: What's a fun fact about you?

DT: I have a husky shepherd named Akira. I've had her for three years! She's very sassy.

YN: What are your plans after graduation?

DT: I'm applying for doctoral programs in clinical psychology.

Be sure to join Destiny for morning meditation every Monday at 11:00 AM and Thursday at 10:30 AM.

Mission In Action: Community Outreach

Make Sandwiches for the Outdoor Church Saturday, October 5 at 3:30 PM

The Outdoor Church serves homeless and men and women in Cambridge. Services are led every Sunday at Porter Square by clergy from over 40 churches in the Cambridge and Somerville area. Join fellow residents for a marathon sandwich-making session that will help feed our neighbors during the Sunday Service!

Assemble Toiletry Kits Monday, October 14 at 3:00 PM

Celebrate Mission Week (October 14-18) by assembling essential supplies for people in our community experiencing homelessness. This project is supported by a St.

Marguerite d'Youville grant that was awareded to Youville House in early 2024.



October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
PS Salon Tuesday 9:00 AM - 3:00 PM	Transportation Hours Monday - Friday 8:00 AM- 2:00 PM	9:30 Balance Challenge 10:30 Tai Chi 10:45 Catholic Mass 2:00 Piano Concert w/ Solon 3:30 Pet Pals 4:00 Rosary 7:00 Movie: Dave		9:30 Balance Challenge 10:30 Meditation w/ Destiny 10:45 Catholic Mass 1:45 Bingo 3:00 Celebrate Rosh Hashanah w/ Vocalist Mena Levit 7:00 Movie: The Graduate	9:30 Stretch & Flex 10:00 -12:00 Open Art Studio 10:45 Catholic Mass 1:45 Short Stories w/ Lenny G. 3:00 Flower Arranging 7:00 Movie: The Holdovers	9:00 Confessions 9:30 Forever Fit Yoga Class 2:00 Matinee Movie: In and Out 3:30 Outreach Project: Make Sandwiches for the Outdoor Church 7:00 Movie: In and Out	5
10:45 Catholic Mass 2:00 Book Club w/ Pat D. 2:30 British Sitcom: Pride & Prejudice: Season 1:1 3:00 Let's Play Bridge 7:00 Movie: Rear Window	9:30 Forever Fit Exercise Class 10:30 Crescendo Chorus 10:45 Catholic Mass 11:00 Meditation w/ Destiny 12:45 Shopping Trip: Star Market 1:45 Bingo 3:00 Celebrate Rosh Hashanah 4:00 Pet Pals 7:00 Movie: October Sky	9:30 Balance Challenge 10:30 Tai Chi 10:45 Catholic Mass 2:00 Piano Concert w/ Solon 2:30 Memoir Writing w/ Tom 4:00 Rosary 7:00 Movie: Under the Tuscan Sun	9:30 Stretch & Flex 10:30 Tech Corner 10:45 Catholic Mass 11:00 Food Forum 2:00 Jeopardy Trivia 3:00 Bridge Club 3:30 Happy Hour 7:00 Movie: The Theory of Everything	9:30 Balance Challenge 10:30 Meditation w/ Destiny 10:45 Catholic Mass 1:45 ArtMatters Lecture: Monet 3:00 Bingo 3:00 Parkinson's Support Group 7:00 Movie: About a Boy	YomKippurbeginsatsundown 9:30 Stretch & Flex 10:00-12:00 Open Art Studio 10:45 Catholic Mass 2:00 An Afternoon of Music w/ Nancy Day 3:00 Flower Arranging 7:00 Movie: Dead Poets Society	9:30 Forever Fit Yoga Class 2:00 Matinee Movie: Sophie's Choice 4:00 Rosary 7:00 Movie: Sophie's Choice	12
10:45 Catholic Mass 2:30 British Sitcom: Pride & Prejudice: Season 1:2 3:00 Let's Play Bridge 7:00 Movie: Vertigo	Indigenous Peoples' Day 9:30 Forever Fit Exercise Class 10:45 Catholic Mass 11:00 Meditation w/ Destiny 12:45 Shopping Trip: Star Market 1:45 Bingo 3:00 Community Outreach:	9:30 Balance Challenge 15 10:30 Tai Chi 10:45 Catholic Mass 1:30 Ballroom Dancing w/ Michael & Sierra 3:30 Pet Pals 4:00 Rosary 7:00 Movie: All Roads Lead to Rome	9:30 Stretch & Flex 10:30 Tech Corner 10:45 Catholic Mass 1:30 Trip: Fall Foliage Ride 3:00 Bridge Club 3:30 Happy Hour 7:00 Movie: Julie & Julia	4:00 Rosary 7:00 Movie: Random Hearts	9:30 Stretch & Flex 10:00-12:00 Open Art Studio 10:45 Catholic Mass 1:45 Improv Comedy Hour 3:00 Flower Arranging 7:00 Movie: Redwood Highway	9:30 Forever Fit Yoga Class 2:00 Matinee Movie: Shall We Dance 4:00 Rosary 7:00 Movie: Shall We Dance	19
10:45 Catholic Mass 2:00 Interfaith Show & Tell w/ Destiny 2:30 British Sitcom: Pride & Prejudice: Season 1:3 3:00 Let's Play Bridge 7:00 Movie: The Birds	9:30 Forever Fit Exercise Class 21 10:30 Crescendo Chorus 10:45 Catholic Mass 11:00 Meditation w/ Destiny 12:45 Shopping Trip: Trader Joe's 1:45 Bingo 3:00 Play Reading 4:00 Pet Pals 7:00 Movie: In Plain Sight	9:30 Balance Challenge 10:30 Tai Chi 10:45 Catholic Mass 2:00 Piano Concert w/ Solon 2:30 Memoir Writing w/ Tom 4:00 Rosary 7:00 Movie: Chocolat	10:30 Stretch & Flex 10:30 Tech Corner 10:45 Catholic Mass	9:30 Balance Challenge 10:30 Kids Club w/ Tree House Academy 10:45 Catholic Mass 11:45 Lunch Trip: Stillwater 1:30 Programs Planning Mtg. 3:00 Bingo 7:00 Movie: Something to Talk About	9:30 Stretch & Flex 10:00-12:00 Open Art Studio 10:45 Catholic Mass 1:45 Pumpkin Carving & Seed Roasting 3:00 Flower Arranging 7:00 Movie: Nights of Rodanthe	9:30 Forever Fit Yoga Class 2:00 Matinee Movie: Bull Durham 4:00 Rosary 7:00 Movie: Bull Durham	26
27 10:45 Catholic Mass 2:30 British Sitcom: Pride & Prejudice: Season 1:4 3:00 Let's Play Bridge 7:00 Movie: North By Northwest	9:30 Forever Fit Exercise Class28 10:30 Crescendo Chorus 10:45 Catholic Mass 11:00 Meditation w/ Destiny 12:45 Shopping Trip: Star Market 1:45 Bingo 3:00 Poetry Reading 7:00 Movie: The Mirror Crack'd	9:30 Balance Challenge 10:30 Tai Chi 10:45 Catholic Mass 1:30 Trip: MIT Museum 3:30 Pet Pals 4:00 Rosary 7:00 Movie: The Big Short	9:30 Stretch & Flex 10:30 Tech Corner 10:45 Catholic Mass 1:30 Book Review w/ Brynne from Cambridge Public Library 3:00 Bridge Club 3:30 Happy Hour 7:00 Movie: It Can Happen to You	Halloween 9:30 Balance Challenge 10:30 Meditation w/ Destiny 10:45 Catholic Mass 2:00 Halloween Party 3:00 Bingo 7:00 Movie: Pretty Woman			



Seasonal Highlights

"There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October."

-Nathaniel Hawthorne





Celebrate Rosh Hashanah with Vocalist Mena Levit Thursday, October 3 at 3:00 PM

Mena Levit, a soloist of Jewish Musical Theater, New Israeli Opera, and National Yiddish Theater on Broadway, presents us with pearls of Yiddish and Hebrew songs in recognition of Rosh Hashanah. This performance will include highlights of American popular music. Shanah Tovah!

Fall Foliage Ride at Mt. Auburn Cemetery Wednesday, October 16 at 1:30 PM

It's leaf-peeping season in New England! Join us for a ride through some prime foliage viewing sites around Cambridge and Belmont. We will spend the majority of our trip driving through Mt. Auburn Cemetery.





What are Cambridge kids up to these days? Find out while spending the morning with children from our neighborhood preschool. Includes structured games and activities.

The Life and Legacy of St. Marguerite d'Youville with Kathleen Kelleher Thursday, October 17 at 3:15 PM

Youville House derives its name from Marguerite d'Youville, the foundress the Grey Nuns ("Soeurs Grises") and the first Canadian to be canonized as a saint. In recognition of her Feast Day, Kathleen Kelleher will discuss St. Marguerite's extraordinary life in 18th-century Montreal, her legacy as an apostle to the poor, and her lasting influence in the modern era.



Pumpkin Carving and Seed Roasting Friday, October 25 at 1:45 PM

The pumpkin: this odd-looking member of the squash family has come to symbolize the bounty of the fall harvest and the festivities of Halloween. Join us for an afternoon of pumpkin carving and stay to enjoy the extra bonus of roasted pumpkin seeds. In addition to being a tasty prize after jack-o'-lantern making, pumpkin seeds may also elevate mood. They contain high amounts of tryptophan, an amino acid that plays an important role in producing the mood-enhancing chemical serotonin in our brains.



Halloween Party Thursday, October 31 at 2:00 PM

We will celebrate Halloween with sweets, refreshments, overthe-top decor and a Halloween-themed Family Feud. Watch Directors compete against one another in a dramatic contest of Halloween trivia. As an additional bonus, all contestants will also be in costume. Whether you have a sweet tooth or just like a good spectator attraction, you won't want to miss our Halloween Party.







Community Connections

Get fit. Stay Sharp. Age Well.





Election Day is Tuesday, November 5th from 7:00 AM - 8:00 PM.

Voting in Person

If you are registered at your Youville House address, your polling place is at the Cambridge Rindge & Latin School. Getting to the polls was never so easy - just hop over to the other side of Cambridge Street, cross Ellery, and you're practically there!

Voting by Mail

Mail-in ballots must be requested each year. If you are internet-savvy, it is easy to request an application using the Election Commission website.

Go to the address below and follow the instructions:

https://www.sec.state.ma.us/ MailInRequestWeb/MailInBallot.aspx

You can also apply in writing by mailing a request to the Election Commission Office that includes 1) your name, 2) the address where you are registered to vote, 3) the address

where you want your ballot to be sent, and 4) YOUR SIGNATURE.

Your signed application can be sent to the Cambridge Election Commission via mail, email, or fax. If you are emailing your application, you need to sign it in a way that can be compared to your hand-written signature. They accept electronic signatures, scanned applications, and photos of applications. Typed signatures are not accepted.

Email: elections@cambridgema.gov Mail: Cambridge Election Commission, 51 Inman Street, Cambridge, MA 02139 Fax: 617-349-4366

Voters are advised to request their mail-in ballots as soon as possible. The deadline to request a ballot for the November 5th election is Tuesday, October 29 at 5:00 PM. After this date, you will have to vote in person.



Good Neighbor Day at The Cambridge Public Library Tuesday, October 1 from 2-5 PM

Good Neighbor Day aims to strengthen community bonds by bringing together people of all ages to share experiences, learn from each other, and build connections. Neighbors are invited to the Cambridge Public Library for a collaborative art project and intergenerational conversations for older children and adults. This event will feature a mix of activities designed to foster understanding, respect, and friendship across generations. Attendees are welcome to drop in throughout the event or participate in the full program.

Good Neighbor Day is presented in partnership with Somerville-Cambridge Elder Services, ABCD, Cambridge Council on Aging, The Living Well Network, the Massachusetts Association for Mental Health and the Cambridge Public Library.

Jeff Joseph: An Asset To Our Community



Every month, Youville's parent company, Covenant Health, highlights an exemplary employee from their network. In September, Covenant interviewed Jeff Joseph, who was recently promoted to Dining Room Service Manager at Youville House. The interview is reprinted below.

Jeff joined Youville House two years ago as a dining room server. Today, he's in

the process of transitioning into the role of Dining Room Services Manager. Jeff shares, "My first impression of Youville was that it was a beautiful community. I was also struck by how wonderful the residents were. I immediately connected with so many of them."

When a Dining Room Services Manager position opened at Youville, Chef Manager Keithroy Haynes approached Jeff about taking on more responsibility and training to take on the role, which includes managing the dining room, overseeing wait staff and working with the kitchen to ensure meal service is exemplary.

"Keithroy's faith in my skills and ability to learn quickly solidified my commitment to working in senior care dining services. I feel as though I'm thriving when I'm helping my team and ensuring our residents are happy," says Jeff. "The fact that residents encouraged me to accept the position, meant a lot to me too."

Jeff often says he feels at home at Youville. He adds, "I genuinely like what I am doing. Youville's mission to provide healing and care for the whole person, resonates with me. I enjoy taking time out to talk with residents, understand how they are feeling and care for them in whatever way I can."

Kathleen Kelleher, Director of Mission and Spiritual Care adds, "Jeff is humble, hardworking and exceptionally good with our residents. He is a genuine asset to our community."

Support Team Youville in the Walk to End Alzheimer's

The Walk to End Alzheimer's is the world's largest fund-raising event supporting Alzheimer's research, care, advocacy and awareness. It is held in over 600 communities across the country. Participants spend a day together in solidarity and mutual support. Last year, over 50,000 teams banded together throughout the country to raise over \$100 million!

This October, we hope you will support Team Youville as we join thousands of others in the fight against Alzheimer's disease. Team Youville includes directors from both Youville House and Youville Place, in Lexington. Our goal is to raise \$2,000 on behalf of the Alzheimer's Association to help fund Alzheimer's research and care.

When is the Walk?

The Boston Walk takes place on Sunday, October 27.

Walkers Welcome: 8:30 AM Opening Ceremony: 10:00 AM

The Walk: 10:30 AM

Where is the Walk?

The Walk will begin at DCR North Point Park in Cambridge. Walkers may choose between a 1.5 and a 3 mile route, according to ability. The walking paths offer scenic and inspiring views of the Charles River and Boston Harbor.

Why Donate to Team Youville?

Alzheimer's disease, a progressive illness that attacks brain cells, is the sixth leading cause of death in America.

Over five million Americans are

currently living with Alzheimer's and nearly 16 million serve as a caregiver for someone with Alzheimer's.

If you would like to contribute to a member of Team Youville, contact the Programs Department. You may also contribute online: head over to the Walk to End Alzheimer's website and search for "Team Youville."



Upcoming Meetings

Food Forum

with Ellis Garvin, Director of Dining Services Wednesday, October 9 at 11:00 AM

Resident Council Meeting

Thursday, October 17 at 2:00 PM

Programs Planning Meeting

Thursday, October 24 at 1:30 PM

Meal Times

Main Dining Room

Breakfast

7:00 AM - 9:00 AM

Lunch

First Seating - 11:30 AM Second Seating - 12:45 PM

Dinner

First Seating - 4:30 PM Second Seating - 5:45 PM

Programs / Menu Hotline...

Hear a recorded list of the daily programs and the menu for lunch and dinner at Youville House. Simply call (857) 253-2024.

Youville TV: Channel 918

Tune in to channel 918 to view daily program listings, lunch and dinner menus, news bulletins, weather updates, and more.

Catholic Mass

Monthly schedule posted in lobby

Car/Van Transportation

Monday through Friday 8:00 AM - 2:00 PM

Please submit your requests for transportation to the Reception Desk forty-eight hours before the date of your appointment. Requests with less than forty-eight hours notice will be accommodated whenever possible, but not guaranteed.

The fee for transportation is \$10.00 for Cambridge and \$20.00 for surrounding communities. As always, we will do our best to meet your needs. If you have any questions, feel free to stop by or call.

Katie Blanchard, Director of Programs

Shopping Requests

Youville offers concierge service for your shopping needs on Mondays and Fridays. Shopping forms are available at the Reception desk. A surcharge of \$5.00 will be charged for requests exceeding five items.

Youville House Management Team

Susan Cwieka CEO/President

Bianca Medeiros COO

Tamarah Berleus Director of Community Life

Katie Blanchard Director of Programs

Yanira Burgos Senior Director of Marketing

& Community Relations

Sydny Douglas Director of Human Resources
Ellis Garvin Director of Dining Services

Kathleen Kelleher Director of Mission

& Spiritual Care

Vinnie Rodrigues Director of

Environmental Services

Jackie Saraco Director of Wellness

Youville House • 1573 Cambridge Street • Cambridge, MA 02138 • 617.491.1234