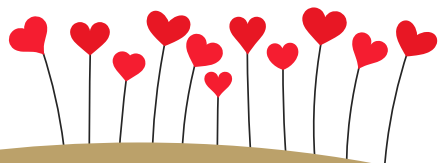


Gratitude REPORT



BECAUSE OF YOU!

YouvilleHouse  Youville Place
Assisted Living Residences

A Member of Covenant Health

It has been a year since COVID-19 turned our lives upside down. A year ago, our residents suddenly could no longer visit with loved ones, dine with friends, gather in the chapel for prayer or participate in group activities — almost everything that enriched their daily lives.

For the families of our residents, including many of you, COVID-19 took away the ability to physically offer comfort and care to loved ones. Our staff came to work each day, dedicated to our residents' care, and donned layers of personal protective equipment to do so. The masks that hid their faces robbed the residents of seeing their caregivers' smiles and made it harder for the residents to hear their words.

But in the midst of the most challenging circumstances, we experienced how a “village” of caring donors, including you, came together for a shared purpose: to protect and care for our residents and staff.

It Takes a Village

The needs brought on by the pandemic created an urgent opportunity to work together — and our village proved up to the challenge. Your response to our calls for help and your unsolicited acts of generosity created a sense of solidarity: We were all in this together. Thanks to you, we were able to stay focused on being a lifeline for our residents and their loved ones. You offered comfort and connection during a time of fear, frustration and loneliness.





Those who
made the first gifts
to help establish our
Employee Emergency
Assistance Fund
lit a beacon of hope
for our employees.

To join our trailblazers with a gift to help even more employees, please visit youvilleassistedliving.org/donate.



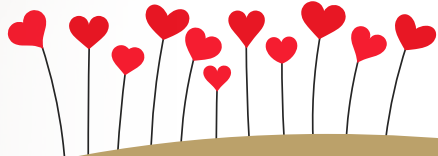
Employee Emergency Assistance Fund Established

Those who made the first gifts to help establish our Employee Emergency Assistance Fund lit a beacon of hope for our employees. Thank you! As a trailblazer, you set an example that will inspire others to give to this important fund that provides assistance for employees who face unexpected financial hardship.

The thoughtful and heartwarming notes sent with these gifts conveyed how thankful you are to those who care for your loved ones.

We continue to gratefully accept donations to this fund to ensure we will always be able to assist our employees during times of need. In the months ahead, we look forward to sharing stories about the impact of your gifts.

To date, we have received
45 trailblazer gifts, totaling
\$8,700, through our
recent appeal.



BECAUSE OF YOU!

New STEP Program Offers Holistic Approach to Parkinson's Care

We are excited to announce that we are introducing a new program for Parkinson's care. The STEP program is a holistic approach that focuses on four pillars: **Support, Training, Education and Physical** movement. Through this new program and our partnership with Struthers Parkinson's Care Network, staff will receive specialized training. Struthers is the first organization to offer in-depth training for caretakers, with a focus on best practices in Parkinson's care. We are confident this opportunity will empower our staff to provide the best care to our residents who live with Parkinson's disease.

"We are honored to help our residents living with Parkinson's participate in such a creative and empowering therapeutic program. We're hopeful that the joy and confidence they experience as they sing together will enrich their lives in many positive ways. We can't wait to attend their future performances."

— Dr. Mary Lynne Hedley

As part of this program, we are offering two new engaging programs. Prior to COVID-19 restrictions, a group of residents visited a local gym to participate in Rock Steady Boxing, a Parkinson's-focused boxing program. The innovative exercise program was transformative. "The staff who accompanied our residents to the first boxing class were moved to tears. When our residents went into the boxing ring it provided a safe space for them to move freely and 'fight' symptoms, such as stiffness, in a way they have never have before," says Nicole Breslin, CEO. To reduce barriers to participation for our residents, we have applied for grants to cover the cost of this new program, which we

plan to resume as soon as we can do so safely.

The second program is a new partnership with Spaulding Rehabilitation to bring the Crescendo Chorus program to Youville. This unique choral group is led by a Neurologic Music Therapist and LSVT-certified Speech Language Pathologists. Participants benefit from the oral, motor, respiratory and vocal strength attained by singing while having fun.

This program is not reimbursed by medical insurance. However, thanks to the generosity of Dr. Mary Lynne Hedley, a member of our Youville board, and her husband, Dr. Robert Urban, ten of our residents will be able to participate. Currently the implementation of this program is on hold due to COVID, and like Mary Lynne and Robert, we look forward to when our residents can present their first in-person performance for all of us all to enjoy!



Dr. Robert Urban and Dr. Mary Lynne Hedley

We are deeply grateful to our community and to Mary Lynne and Robert for making programs like these possible.





Tashika Ellis feeling strong after receiving her vaccination!



Thank you for all that you did! We hope that this report will convey the difference you have made during this difficult time and inspire your continued generosity as we move beyond COVID-19.

With a grateful heart,

Nicole

Nicole Breslin
President & CEO

Susan

Susan Oldrid
Executive
Director Philanthropy